

# Programme Specification:

## BSc (Hons) Equine Performance Coaching

With the advent of lottery funding and the launch of the UKCC, the role of the equestrian coach has been revolutionised. The modern coach now plays a vital role in the development of sporting performance and coaching is no longer seen as purely teaching but has evolved to become a more holistic approach. Knowledge of areas such as sports psychology, nutrition, biomechanics, fitness and new technology is vital to coach horse and rider partnerships to fulfil potential and at elite level, reach peak performance. This course is suited to students who are keen to study equine to degree level in order to successfully coach horse riders of all levels. This programme provides a unique combination of academic knowledge and practical application of sports coaching, with particular emphasis on the equestrian athlete. It will produce high quality coaches who can apply scientific training and practical coaching techniques to equestrian sport and gain transferable skills for other sporting disciplines. Students will undertake the (general riding) 1st4sport coaching qualification as part of the equitation modules. The equitation modules have been written in line within the academic framework and both the BHS and 1st4sport curriculum are embedded. The Foundation phase of the course is integrated and is studied across the first two years of the programme and additional modules are studied alongside core Level 4 course modules. In the first year, learning is supported to develop scientific knowledge of anatomy and physiology through the development of a learning toolkit portfolio. In addition, applied learning is linked to academic study skills and to professional practice. In the second year, independent learning and research skills will be enhanced to support positive progression towards Level 5.

2021

### Programme Specification

<b>Awarding Institution:</b>	Coventry University
<b>Teaching institution:</b>	Warwickshire College
<b>Course Accredited By:</b>	n/a
<b>Final Award:</b>	Honours Degree – BSc (Hons)
<b>Interim Award(s):</b>	BSc Equine Performance Coaching Diploma of Higher Education Equine Performance Coaching Certificate of Higher Education Equine Performance Coaching
<b>Award Title:</b>	<b>Equine Performance Coaching</b>
<b>UCAS Code:</b>	DX41
<b>QAA Benchmark Statement(s):</b>	Agriculture, Horticulture, Forestry, Food, Nutrition and Consumer Sciences (July 2016) Events, Hospitality, Leisure, Sport and Tourism (November 2016)

#### Generic Aims

The award of Bachelors' degree with honours aims to provide the following:

- a. to develop in each student subject knowledge and understanding appropriate to individual interests and developing vocational needs;
- b. to develop each student's intellectual powers, their understanding and judgment, their ability to see relationships within what they have learned and to examine the field of study in a broader perspective;
- c. to develop the personal effectiveness and employability of students, in particular their ability to learn, to communicate, to work with others and to solve problems;
- d. to develop those skills of professional scholarship required for career management, lifelong learning and innovation; and
- e. to provide a lively, stimulating and challenging educational experience.

### **Award-Specific Aims**

The BSc (Hons) Equine Performance Coaching award aims to provide the following:

- f. to equip students for a career in the equitation teaching/coaching sector of the equine industry as an employee or as self-employed. Students will also be prepared for employment in the wider sphere of sports and coaching and the general sphere of employment;
- g. to develop an understanding of appropriate riding, horse-mastership and associated coaching skills;
- h. to develop the necessary understanding to formulate, implement and evaluate training/ coaching strategies and schedules, and
- i. to develop the student's evaluative and analytical skills with respect to equine and human sports and coaching.

### **Generic Outcomes**

On successful completion of the award of Bachelors' degree with honours, students should be able to:

- i. communicate clearly, concisely and confidently, using an appropriate format;
- ii. collect, select and critically evaluate information from a range of sources;
- iii. manipulate and interpret complex sets of data, critically assess their reliability and validity and present them in an appropriate format;
- iv. select and apply appropriate scientific or technical principles to the diagnosis, analysis and solution of complex and unpredictable problems;
- v. learn independently and display the skills of professional scholarship required for personal development, career management and lifelong learning;
- vi. use information and communication technology effectively;
- vii. demonstrate familiarity with, and understanding of, the important facts and principles in a broad field of study and display an active awareness of the provisional nature of knowledge and theory;
- viii. display the attributes, skills, behaviour and attitudes required in working life including the ability to establish effective working relationships with others;
- ix. demonstrate an awareness of safe working practices;
- x. marshal evidence, by reference where appropriate to primary sources and knowledge at the forefront of the discipline, and apply it in a balanced way in an argument;
- xi. formulate hypotheses or research questions, plan and execute research or development work, evaluate the outcomes and draw valid conclusions.

### **Award-Specific Outcomes**

On successful completion of the BSc (Hons) Equine Performance Coaching award, students should be able to:

- xii. appreciate and critically evaluate a wide range of scientific and technical principles relating to equitation coaching and the wider equine industry;
- xiii. synthesise and apply equine and human science principles in the solution of complex scientific and technical problems;
- xiv. identify areas of professional and personal development through reflective practice;
- xv. promote good practice in equine science related settings;
- xvi. evaluate the demands of equine sports disciplines on the horse and rider;
- xvii. plan and implement effective horse and rider training programmes and evaluate and train proficient individuals and groups.

### **Relationship with External Reference Points**

The aims and outcomes of this award are clearly in alignment with the Framework for Higher Education Qualifications (October 2014) at level 6.

This award is designed for the provision of key understanding, knowledge and skills as identified in the QAA's Agriculture, Horticulture, Forestry, Food, Nutrition and Consumer Sciences (July 2016) and Events, Hospitality, Leisure, Sport and Tourism (November 2016) Subject Benchmark Statements.

### **Levels & Credit Requirements for Final Award**

Warwickshire College programmes are based on a credit-accumulation system where 1 credit represents 10 hours of student study time. Modules are normally 20 credits or multiples thereof. Modules are also at different levels (4, 5 and 6) according to the intellectual challenge. Courses leading to specific awards include core and optional modules. To achieve a named award students must pass all core modules. Remaining required credit may be achieved by choosing from a specified list of option modules.

### **BSc Equine Performance Coaching (honours degree)**

To be awarded an honours degree, students must successfully achieve a total of 360 credits, as detailed in the academic regulations.

Students who exit the course before achieving the full award may be eligible for an interim award as follows.

### **Interim Awards**

#### **BA (non-Hons) Equine Performance Coaching**

Students will successfully achieve 300 credits, as detailed in the academic regulations

#### **Diploma of Higher Education (DipHE) Equine Performance Coaching**

Students will successfully achieve 240 credits, as detailed in the academic regulations

#### **Certificate of Higher Education (CertHE) Equine Performance Coaching**

Students will have successfully achieved 120 credits, as detailed in the academic regulations


## Course Structure: BSc (Hons) Equine Performance Coaching

Year 1	Year 2	Year 3 (FT and DL)
ASSET: Academic Study Skills, Employability & TShaped 400CU (20 credits)	Research Design and Analysis 520EHS (20 credits)	Dissertation 620EHS (40 credits)
Mammalian Anatomy and Physiology 420EHS (20 credits)	Equine Exercise Physiology 521EHS (20 credits)	Sports Injury and Rehabilitation 621EHS (20 credits)
Equine and Human Nutrition 422EHS (20 credits)	Exercise and Sports Psychology 528EHS (20 credits)	Contemporary Issues in Equine Science 624EHS (20 credits)
Fitness and Performance Testing 424EHS (20 credits)	Equine Health and Disease 524EHS (20 credits)	Advanced Equitation 620EQU (20 credits)
Fundamental Equitation, Management and Coaching 422EQU (20 credits)	Intermediate Equitation, Management and Coaching 521EQU (20 credits)	Advanced Coaching and Psychology 628EHS (20 credits)
Principles of Sports Coaching & Training 425EHS (20 credits)	Specialist Sports Coaching 529EHS (20 credits)	Elite Athletic Performance 623EHS (20 credits)

Optional modules

### BSc (Hons) Equine Performance Coaching (Part Time)

Year 1 Level 4	Year 2 Level 4	Year 3 Level 5	Year 4 Level 5	Year 5 (PT and DL) Level 6	Year 6 (PT and DL) Level 6
ASSET: Academic Study Skills Employability & TShaped 400CU (20 credits)	Mammalian Anatomy and Physiology 420EHS (20 credits)	Equine Exercise Physiology 521EHS (20 credits)	Research Design and Analysis 520EHS (20 credits)	Sports Injury and Rehabilitation 621EHS (20 credits)	Dissertation 620EHS (40 credits)
Fitness and Performance Testing 424EHS (20 credits)	Equine and Human Nutrition 422EHS (20 credits)	Equine Health and Disease 524EHS (20 credits)	Specialist Sports Coaching 529EHS (20 credits)	(20 credits)	Advanced Equitation 620EQU (20 credits)
Principles of Sports Coaching & Training 425EHS (20 credits)		Exercise and Sports Psychology 528EHS (20 credits)			Advanced Coaching and Psychology 628EHS (20 credits)
Fundamental Equitation, Management and Coaching 422EQU (20 credits)		Intermediate Equitation, Management and Coaching 521EQU (20 credits)			Elite Athletic Performance 623EHS (20 credits)

 Optional modules



## **Curriculum Design**

Because of the vocational nature of the courses offered, the curriculum is broadly based on the sequence *Principles - Practice - Application*. The early stage of each course involves study of current *principles* which not only provide the tools for critical analysis of existing *practices* but also provide an appropriate background for industrial placement where appropriate.

Degree modules relate theory to practice and, wherever possible, assessments encourage students to link theory and practice to the employment scenario. The College invites input from employers in order to ensure that the programme maintains its relevance for the sector. The course has been developed to meet the needs of potential employees for a variety of work settings within and without the equine employment sector.

## **Learning & Teaching Methods**

This programme is delivered either by full-time or part-time attendance. Level 6 will be delivered either full or part time at the college or by Distance Learning. Part time delivery students will be required to undertake a minimum of 60 credits per year of study. This will equate to a maximum of a six year part time programme.

Teaching and learning methods used to deliver this curriculum are designed to provide experience, and, through reflection upon it, develop concepts which can then be explored through application during progression through the course and eventually in the work setting.

The methods used in practice vary according to the nature of the subject matter but, for students studying by full-time attendance at college, methods include a wide diversity from formal lectures to student centred activities including assignments, seminars, practicals and case studies. For those students studying by distance learning, a wide range of distance learning study packs are available along with student-centred learning activities including assignments, tasks and case studies. The availability of remote tutor support is an important aspect of distance learning course delivery.

The curriculum is delivered in such a way that there is a reducing reliance on tutor directed study as students progress through their programme. The course begins by including the exploration of communication methods and academic skills linked to personal and professional development whilst establishing a firm technical and knowledge foundation for progressive study through the course. Second year modules are focussed on further developing research skills and greater understanding of the theories, principles and applications of underpinning knowledge and understanding professional practice relative to an appropriate range of subject matter. Final year modules develop the knowledge and skill base of the student further whilst developing critical, analytical and other higher academic/cognitive processes relative to the subject matter. The final year also involves the Dissertation as a major honours degree research project, appropriate to the course title.

<b>Level 4</b>	Scheduled learning and teaching activities	32%
	Guided independent learning	68%
	Placement and study abroad	0%
<b>Level 5</b>	Scheduled learning and teaching activities	32%
	Guided independent learning	68%
	Placement and study abroad	0%
<b>Level 6</b>	Scheduled learning and teaching activities	25%
	Guided independent learning	75%
	Placement and study abroad	0%
<b>Whole Course</b>	Scheduled learning and teaching activities	30%
	Guided independent learning	70%
	Placement and study abroad	0%

### **Transferable Skills**

The modules and their structured progression and inter-relationships are designed to develop the skills required to succeed on higher education courses and ultimately to obtain employment or progress to further higher education qualification. Particular emphasis is placed on career management and in developing core skills of communication, numeracy, IT and personal development planning to develop the skills and attributes required in the world of work including the development of teamwork skills and approaches, independent learning, problem solving and independent research.

Transferable skills, as identified in the programme's generic and award-specific aims, are mapped against modules in the curriculum map at the end of this document.

### **Assessment**

Assessment is considered an important part of the learning process. In formulating the range of assessment for this award, care was taken to ensure that module assessments test the skills and knowledge, as stated in the learning outcomes, needed in the working environment and for future educational progression.

Assessment methods are diverse and include essays, problem based assignments, projects requiring oral and written reports, exams, case studies and individual and group exercises.

### **Entrance Requirements**

UCAS entry profiles may be found by searching for the relevant course on the [UCAS website](#).

Typical entry requirements may be:

- BTEC/C&G L3 qualification in Animal Management or a related subject;
- or two/three A Levels ideally including one science subject;
- or Kitemarked Access to HE.

Applicants will also need five GCSEs at grade 4 or above (or equivalent) including English Language, Science and Mathematics.

Other qualifications such as Access to HE Diploma, Welsh/International Baccalaureate, Scottish Highers, Irish Higher Leaving Certificate and other international qualifications are acceptable, dependent on the overall grade/points achieved and the science content of the course.

Applicants will normally be expected to have some prior practical experience, riding to BHS Stage 2 equivalent..

As a guide, students will be expected to have studied at A-level or completed relevant Level 3 qualifications, however, all applicants will be assessed on individual experience. Application for Recognition of Prior Learning is welcomed and will be considered. The college welcomes applications from students with relevant work experience who do not have the formal academic qualifications, and from students with disabilities.

All applicants will need to demonstrate the ability to study independently at HE level.

Applicants with international qualifications will be considered on the merits and equivalence of their offered qualifications supported by evidence of competency in written and spoken English (e.g. IELTS score 6.0 or equivalent).

Wherever possible all applicants, and particularly those with little or no current qualifications, will be interviewed.

Students who successfully achieve the FdSc Equitation Coaching award may be able to progress to the BSc (Hons) Equine Performance Coaching. Students will be able to apply to enter this programme at level 6 (normally the final year of study).

**Progression**

On completion of the BSc (Hons) Equine Performance Coaching students may wish to progress to postgraduate study or to equitation coaching or a range of other careers within the equine science-related or similar industries.

## Curriculum Map for BSc (Hons) Equine Performance Coaching

This map provides both a design aid to help academic staff identify where the generic and award specific outcomes are covered within the core modules of the programme. It also provides a check list for quality assurance purposes and aids validation, accreditation and external examining processes by making the learning outcomes transparent. In this way, it also helps students monitor their own learning, personal and professional development as the course progresses. The map shows the award outcomes as listed at the start of the programme specification.

### GENERIC AND AWARD SPECIFIC OUTCOMES

	CODE	i	ii	iii	iv	v	vi	vii	viii	ix	x	xi	xii	xiii	xiv	xv	xvi	xvii
ASSET: Academic Study Skills, Employability & TShaped	400CU	✓	✓			✓	✓	✓	✓		✓							
Mammalian Anatomy and Physiology	420EHS	✓	✓	✓	✓			✓		✓	✓		✓	✓		✓	✓	
Equine and Human Nutrition	422EHS	✓	✓	✓				✓		✓	✓							
Fitness and Performance Testing	424EHS	✓	✓	✓			✓	✓		✓	✓		✓	✓		✓	✓	✓
Fundamental Equitation, Management and Coaching	422EQU	✓	✓		✓	✓			✓	✓	✓		✓				✓	✓
Principles of Sports coaching and Training	425EHS	✓	✓			✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
Research Design and Analysis	520EHS	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓				
Equine Exercise Physiology	521EHS	✓	✓	✓	✓			✓		✓	✓	✓	✓	✓		✓	✓	✓
Exercise and Sports Psychology	528EHS	✓	✓			✓		✓		✓	✓		✓	✓	✓		✓	
Equine Health and Disease	524EHS	✓	✓		✓					✓			✓	✓		✓	✓	
Intermediate Equitation, Management and Coaching	521EQU	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓		✓
Specialist Sports Coaching	529EHS	✓	✓			✓					✓		✓	✓			✓	✓

Dissertation	620EHS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sports Injury and Rehabilitation	621EHS	✓	✓		✓	✓				✓	✓		✓	✓		✓	✓	✓
Contemporary Issues in Equine Science	624EHS	✓	✓		✓		✓			✓	✓		✓	✓		✓		
Advanced Equitation (O)	620EQU	✓	✓			✓		✓	✓	✓	✓		✓		✓	✓	✓	✓
Advanced Coaching and Psychology (O)	628EHS	✓	✓		✓	✓		✓	✓			✓	✓	✓			✓	✓
Elite Athletic Performance (O)	623EHS	✓	✓	✓					✓			✓	✓	✓		✓	✓	✓

