

Programme Specification:

BSc (Hons) Equine Performance Coaching (with Integrated Foundation Year)

With the advent of lottery funding and the launch of the UKCC, the role of the equestrian coach has been revolutionised. The modern coach now plays a vital role in the development of sporting performance and coaching is no longer seen as purely teaching but has evolved to become a more holistic approach. Knowledge of areas such as sports psychology, nutrition, biomechanics, fitness and new technology is vital to coach horse and rider partnerships to fulfil potential and at elite level, reach peak performance. This course is suited to students who are keen to study equine to degree level in order to successfully coach horse riders of all levels. This programme provides a unique combination of academic knowledge and practical application of sports coaching, with particular emphasis on the equestrian athlete. It will produce high quality coaches who can apply scientific training and practical coaching techniques to equestrian sport and gain transferable skills for other sporting disciplines. Students will undertake the (general riding) 1st4sport coaching qualification as part of the equitation modules. The equitation modules have been written in line within the academic framework and both the BHS and 1st4sport curriculum are embedded. The Foundation phase of the course is integrated and is studied across the first two years of the programme and additional modules are studied alongside core Level 4 course modules. In the first year, learning is supported to develop scientific knowledge of anatomy and physiology through the development of a learning toolkit portfolio. In addition, applied learning is linked to academic study skills and to professional practice. In the second year, independent learning and research skills will be enhanced to support positive progression towards Level 5.



2021

Programme Specification

Awarding Institution:	Coventry University
Teaching institution:	Warwickshire College
Course Accredited By:	n/a
Final Award:	Honours Degree – BSc (Hons)
Interim Award(s):	BSc Equine Performance Coaching DipHE Equine Performance Coaching CertHE Equine Performance Coaching Moreton Morrell Diploma in Equine Studies Moreton Morrell Certificate in Equine Studies
Award Title:	Equine Performance Coaching
UCAS Code:	DX42
QAA Benchmark Statement(s):	Agriculture, Horticulture, Forestry, Food Nutrition and Consumer Sciences (2016) Events, Hospitality, Leisure, Sport and Tourism (November 2016)

Generic Aims

The award of Bachelors' degree with honours aims to provide the following:

- a. to develop in each student subject knowledge and understanding appropriate to individual interests and developing vocational needs;

- b. to develop each student's intellectual powers, their understanding and judgment, their ability to see relationships within what they have learned and to examine the field of study in a broader perspective;
- c. to develop the personal effectiveness and employability of students, in particular their ability to learn, to communicate, to work with others and to solve problems;
- d. to develop those skills of professional scholarship required for career management, lifelong learning and innovation; and
- e. to provide a lively, stimulating and challenging educational experience.

Award-Specific Aims

The BSc (Hons) Equine Performance Coaching (with Integrated Foundation Year) programme aims to provide the following:

- f. to equip students for a career in the equitation teaching/coaching sector of the equine industry as an employee or as self-employed. Students will also be prepared for employment in the wider sphere of sports and coaching and the general sphere of employment;
- g. to develop an understanding of appropriate riding, horse-mastership and associated coaching skills;
- h. to develop the necessary understanding to formulate, implement and evaluate training/ coaching strategies and schedules, and
- i. to develop the student's evaluative and analytical skills with respect to equine and human sports and coaching.

Generic Outcomes

On successful completion of the award of Bachelors' degree with honours, students should be able to:

- i. communicate clearly, concisely and confidently, using an appropriate format;
- ii. collect, select and critically evaluate information from a range of sources;
- iii. manipulate and interpret complex sets of data, critically assess their reliability and validity and present them in an appropriate format;
- iv. select and apply appropriate scientific or technical principles to the diagnosis, analysis and solution of complex and unpredictable problems;
- v. learn independently and display the skills of professional scholarship required for personal development, career management and lifelong learning;
- vi. use information and communication technology effectively;
- vii. demonstrate familiarity with, and understanding of, the important facts and principles in a broad field of study and display an active awareness of the provisional nature of knowledge and theory;
- viii. display the attributes, skills, behaviour and attitudes required in working life including the ability to establish effective working relationships with others;
- ix. demonstrate an awareness of safe working practices;

- x. marshal evidence, by reference where appropriate to primary sources and knowledge at the forefront of the discipline, and apply it in a balanced way in an argument;
- xi. formulate hypotheses or research questions, plan and execute research or development work, evaluate the outcomes and draw valid conclusions.

Award-Specific Outcomes

On successful completion of the BSc (Hons) Equine Performance Coaching (with Integrated Foundation Year) programme, students should be able to:

- xii. appreciate and critically evaluate a wide range of scientific and technical principles relating to equitation coaching and the wider equine industry;
- xiii. synthesise and apply equine and human science principles in the solution of complex scientific and technical problems;
- xiv. identify areas of professional and personal development through reflective practice;
- xv. promote good practice in equine science related settings;
- xvi. evaluate the demands of equine sports disciplines on the horse and rider;
- xvii. plan and implement effective horse and rider training programmes and evaluate and train proficient individuals and groups.

Relationship with External Reference Points

The aims and outcomes of this award are clearly in alignment with the Framework

for Higher Education Qualifications (October 2014) at level 6.

This award is designed for the provision of key understanding, knowledge and skills as identified in the QAA's Agriculture, Horticulture, Forestry, Food, Nutrition and Consumer Sciences (July 2016) and Events, Hospitality, Leisure, Sport and Tourism (November 2016) Subject Benchmark Statements. The relevant understanding, knowledge and skills from the Benchmark Statement have been mapped to the core modules at the end of this document.

Levels & Credit Requirements for Final Award

Warwickshire College programmes are based on a credit-accumulation system where 1 credit represents 10 hours of student study time. Modules are normally 20 credits or multiples thereof. Modules are also at different levels (4, 5 and 6) according to the intellectual challenge. Courses leading to specific awards include core and optional modules. To achieve a named award students must pass all core modules. Remaining required credit may be achieved by choosing from a specified list of option modules.

BSc Equine Performance Coaching (honours degree)

To be awarded an honours degree, students must successfully achieve a total of 360 credits, as detailed in the academic regulations. Modules 101IFY, 102IFY and 103IFY are non-credit bearing, and are excluded from the 360 credits.

Students who exit the course before achieving the full award may be eligible for an interim award as follows.

Interim Awards

BA (non-Hons) Equine Performance Coaching

Students will successfully achieve 300 credits, as detailed in the academic regulations. Modules 101IFY, 102IFY and 103IFY are non-credit bearing, and are excluded from the 300 credits.

Diploma of Higher Education (DipHE) Equine Performance Coaching

Students will successfully achieve 240 credits, as detailed in the academic regulations. Modules 101IFY, 102IFY and 103IFY are non-credit bearing, and are excluded from the 240 credits.

Certificate of Higher Education (CertHE) Equine Performance Coaching

Students will successfully achieve 120 credits, as detailed in the academic regulations. Modules 101IFY, 102IFY and 103IFY are non-credit bearing, and are excluded from the 120 credits.

Moreton Morrell Diploma in Equine Studies awarded by Warwickshire College

Students will have achieved a minimum of a pass in all three integrated foundation modules.

Moreton Morrell Certificate in Equine Studies awarded by Warwickshire College

Students will have achieved a minimum of a pass in two integrated foundation modules.

Course Structure: BSc (Hons) Equine Performance Coaching

The three integrated foundation modules along with the level 4, 5 and 6 modules, detailed below, form the Integrated Foundation Programme for BSc (Hons) Equine Performance Coaching

In year 1, the Learning Toolkit (101IFY) and the Applied Learning Portfolio (102IFY) will be delivered along with ASSET: Academic Study Skills and Entrepreneurial Thinking (400CU) and Mammalian Anatomy and Physiology (420EHS).

In year 2, the Independent Learning Portfolio (103IFY) will be delivered, along with Equine and Human Nutrition (422EHS), fitness and Performance Coaching (424EHS), Equitation Theory, Practice and Equine Management ((422EQU) and Principles of Sports Coaching and Training (425EHS)

In year 3, level 5 modules will be delivered and in year 4, level 6 modules will be delivered.

The BSc (Hons) Equine Performance Coaching (with Integrated Foundation Year) includes 50 hours of work-based and placement learning.

Non-prescribed					
Module Code	Module Title	Learning Hours	Pre-req Co-req	Delivery	Module Status
101IFY	Learning Toolkit	400 hours	None	Year 1 Semesters 1 & 2	M
102IFY	Applied Learning Portfolio	400 hours	None	Year 1 Semesters 1 & 2	M
103IFY	Independent Learning Portfolio	400 hours	None	Year 2 Semesters 1 & 2	M

The BSc (Hons) Equine Performance Coaching (with Integrated Foundation Year) includes 50 hours of work-based and placement learning.

Level 4	Level 5	Level 6
ASSET: Academic Study Skills, Employability & T-Shaped 400CU (20 credits)	Research Design and Analysis 520EHS (20 credits)	Dissertation 620EHS (40 credits)
Mammalian Anatomy and Physiology 420EHS (20 credits)	Equine Exercise Physiology 521EHS (20 credits)	Sports Injury and Rehabilitation 621EHS (20 credits)
Equine and Human Nutrition 422EHS (20 credits)	Exercise and Sports Psychology 528EHS (20 credits)	Contemporary Issues in Equine Science 624EHS (20 credits)
Fitness and Performance Testing 424EHS (20 credits)	Equine Health and Disease 524EHS (20 credits)	Advanced Equitation 620EQU (20 credits)
Equitation Theory, Practice and Equine Management 422EQU (20 credits)	Equitation Teaching and Practice 520EQU (20 credits)	Advanced Coaching and Psychology 628EHS (20 credits)
Principles of Sports Coaching & Training 425EHS (20 credits)	Specialist Sports Coaching 529EHS (20 credits)	Elite Athletic Performance 623EHS (20 credits)

 Optional modules

Curriculum Design

Because of the vocational nature of the courses offered, the curriculum is broadly based on the sequence *Principles - Practice - Application*. The early stage of each course involves study of current *principles* which not only provide the tools for critical analysis of existing *practices* but also provide an appropriate background for industrial placement where appropriate.

Degree modules relate theory to practice and, wherever possible, assessments encourage students to link theory and practice to the employment scenario. The College invites input from employers in order to ensure that the programme maintains its relevance for the sector. The course has been developed to meet the needs of potential employees for a variety of work settings within and without the equine employment sector.

Learning & Teaching Methods

This programme is delivered either by full-time attendance.

Teaching and learning methods used to deliver this curriculum are designed to provide experience, and, through reflection upon it, develop concepts which can then be explored through application during progression through the course and eventually in the work setting.

The methods used in practice vary according to the nature of the subject matter but, for students studying by full-time attendance at college, methods include a wide diversity from formal lectures to student centred activities including assignments, seminars, practicals and case studies.

The curriculum is delivered in such a way that there is a reducing reliance on tutor directed study as students progress through their programme. The course begins by including the exploration of communication methods and academic skills linked to personal and professional development whilst establishing a firm technical and knowledge foundation for progressive study through the course. Second year modules are focussed on further developing research skills and greater understanding of the theories, principles and applications of underpinning knowledge and understanding professional practice relative to an appropriate range of subject matter. Final year modules develop the knowledge and skill base of the student further whilst developing critical, analytical and other higher academic/cognitive processes relative to the subject matter. The final year also involves the Dissertation as a major honours degree research project, appropriate to the course title.

Non-prescribed	Scheduled learning and teaching activities	30%
	Guided independent learning	60%
	Placement and study abroad	10%
Level 4	Scheduled learning and teaching activities	32%
	Guided independent learning	68%
	Placement and study abroad	0%
Level 5	Scheduled learning and teaching activities	32%
	Guided independent learning	68%
	Placement and study abroad	0%
Level 6	Scheduled learning and teaching activities	25%
	Guided independent learning	75%
	Placement and study abroad	0%
Whole Course	Scheduled learning and teaching activities	30%
	Guided independent learning	68%
	Placement and study abroad	2%

Transferable Skills

The modules and their structured progression and inter-relationships are designed to develop the skills required to succeed on higher education courses and ultimately to obtain employment or progress to further higher education qualification. Particular emphasis is placed on career management and in developing core skills of communication, numeracy, IT and personal development planning to develop the skills and attributes required in the world of work including the development of teamwork skills and approaches, independent learning, problem solving and independent research.

Transferable skills, as identified in the programme's generic and award-specific aims, are mapped against modules in the curriculum map at the end of this document.

Assessment

Assessment is considered an important part of the learning process. In formulating the range of assessment for this award, care was taken to ensure that module assessments test the skills and knowledge, as stated in the learning outcomes, needed in the working environment and for future educational progression.

Assessment methods are diverse and include essays, problem based assignments, projects requiring oral and written reports, exams, case studies and individual and group exercises.

Entrance Requirements

Applicants will need GCSE at Level 4 in English Language and Mathematics. Applicants will normally be expected to have some prior practical experience.

As a guide, students will be expected to have studied at A Level or completed relevant level 3 qualifications, however, all applicants will be assessed on individual experience and Accreditation of Prior (Experiential) Learning will be considered.

The college welcomes applications from students with relevant work experience who do not have the formal academic qualifications, and from students with disabilities.

All applicants will need to demonstrate the ability to study independently at HE level. Accreditation of prior learning will be considered.

Applicants with international qualifications will be considered on the merits and equivalence of their qualifications supported by evidence of competency in written and spoken English (e.g. IELTS score 5.5 or equivalent with no less than 5.0 in any individual component).

Progression

On completion of the BSc (Hons) Equine Performance Coaching (with Integrated Foundation Year) students may wish to progress to postgraduate study or to equitation coaching or a range of other careers within the equine science-related or similar industries.

Curriculum Map for BSc (Hons) Equine Performance Coaching

This map provides both a design aid to help academic staff identify where the generic and award specific outcomes are covered within the core modules of the programme. It also provides a check list for quality assurance purposes and aids validation, accreditation and external examining processes by making the learning outcomes transparent. In this way, it also helps students monitor their own learning, personal and professional development as the course progresses. The map shows the award outcomes as listed at the start of the programme specification.

GENERIC AND AWARD SPECIFIC OUTCOMES

	CODE	i	ii	iii	iv	v	vi	vii	viii	ix	x	xi	xii	xiii	xiv	xv	xvi	xvii
Learning Toolkit -WCG	101IFY	✓	✓	✓			✓	✓										
Applied Learning Portfolio - WCG	102IFY	✓				✓			✓	✓								
Independent Learning Portfolio - WCG	103IFY	✓	✓	✓	✓		✓											
ASSET: Academic Study Skills, Employability & T-Shaped	400CU	✓	✓			✓	✓	✓	✓		✓							
Mammalian Anatomy and Physiology	420EHS	✓	✓	✓	✓			✓		✓	✓		✓	✓		✓	✓	
Equine and Human Nutrition	422EHS	✓	✓	✓				✓		✓	✓							
Fitness and Performance Testing	424EHS	✓	✓	✓			✓	✓		✓	✓		✓	✓		✓	✓	✓
Equitation Theory, Practice and Equine Management	422EQU	✓	✓		✓	✓			✓	✓	✓		✓				✓	✓
Principles of Sports coaching and Training	425EHS	✓	✓			✓			✓	✓	✓		✓	✓	✓	✓	✓	✓
Research Design and Analysis	520EHS	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓				
Equine Exercise Physiology	521EHS	✓	✓	✓	✓			✓		✓	✓	✓	✓	✓		✓	✓	✓

Exercise and Sports Psychology	528EHS	✓	✓			✓		✓		✓	✓		✓	✓	✓		✓		
Equine Health and Disease	524EHS	✓	✓		✓					✓			✓	✓		✓	✓		
Equitation Teaching and Practice	520EQU	✓	✓		✓	✓	✓		✓	✓	✓		✓		✓	✓		✓	
Specialist Sports Coaching	529EHS	✓	✓			✓					✓		✓	✓			✓	✓	
Dissertation	620EHS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sports Injury and Rehabilitation	621EHS	✓	✓		✓	✓				✓	✓		✓	✓		✓	✓	✓	
Contemporary Issues in Equine Science	624EHS	✓	✓		✓		✓			✓	✓		✓	✓		✓			
Advanced Equitation (O)	620EQU	✓	✓			✓		✓	✓	✓	✓		✓		✓	✓	✓	✓	
Advanced Coaching and Psychology (O)	628EHS	✓	✓		✓	✓		✓	✓			✓	✓	✓			✓	✓	
Elite Athletic Performance (O)	623EHS	✓	✓	✓					✓			✓	✓	✓		✓	✓	✓	

